**TERMS & CONDITIONS OF THE PROVISION OF FITNESS SERVICES**

**1. Definitions**

The following words have the following meanings throughout this document:

**Fee**

the amount of $.......00 (exclusive of GST) each month, payable on the 15th day in each and every month during the Term.

**Gym**

the gymnasium and associated facilities located at the premises at ………………...

**Gym Rules**

the rules of the Gym as amended from time to time at my discretion.

**Membership**

your membership to the Gym pursuant to this document (and Member has a corresponding meaning).

**Notice**

means any notice in writing, given in person, by email, facsimile or post to the parties’ last known or last notified address or contact details.

**Plan**

any training, dietary or other plan I may develop for or with you.

**Policies and Procedures**

My policies and procedures as amended from time to time at my discretion.

**Privacy Policy**

My privacy policy, as amended from time to time at my discretion.

**Term**

the fixed period of 12 months from the date of this document.

**3. Payment**

(a) You must pay all fees associated with your Membership, including the Fee, in advance and by direct debit as and when the Fee falls due throughout the entire Term.

(b) I will endeavor to contact you to inform you of any overdue payments; however, it remains your responsibility to ensure that any direct debits are able to be made from your nominated account.

(c) Where any payment is dishonored, an amount of $25.00 must be paid by you to cover the agreed costs associated with each dishonor.

(d) If there are multiple failures to meet your payment obligations under this document, but without prejudicing my right to recover any overdue payments, your Membership may be suspended or terminated by me by notice to you.

(e) Where any payment due to me is not paid in full and by the due date, I may deny you or certain personal training or other services at my discretion.

(f) I may charge you interest on any amount due to me but unpaid at the rate of 10% per annum.

(g) All costs and disbursements incurred by me in recovering payment or in protecting or enforcing my rights under this document, including legal costs and disbursements are payable by you on the indemnity basis.

**4. Access by non-members**

(a) You are not permitted to provide any Plan to a non-Member. Plans are developed specifically for each Member and are personal to that Member. I maintain all intellectual property rights, including but not limited to copyright, in any Plans.

(b) If you breach clause 4(a), you accept all liability for any indemnify me from and against any and all claims that the non-Member invitee guest of yours may make against me in relation to any cost, loss, damage, liability or expense that he or she may suffer, including that which may arise directly or indirectly due to our negligence.

**5. Physical condition**

(a) It is a condition of Membership that you, prior to using the Gym, may be required to complete and pass a physical assessment to my satisfaction. The purpose of the physical assessment is to assist me to assess your individual needs, assist me to identify exercises suitable to your needs, develop any Plan and to aid in injury minimization.

(b) If you have any health or medical concerns now or after you join as a Member, you must discuss them with your doctor before applying to join as a member, using the Gym or implementing any Plan.

(c) It is your responsibility not to use any equipment or to undertake (or refrain from undertaking) any activity which may adversely affect or exacerbate any medical condition of yours.

(d) You hereby warrant that, to the best of your knowledge, you do not have any physical, medical or other disability or condition which may be adversely affected or aggravated by, or which may result in any sickness, injury (or aggravation to any sickness or injury) or death to you as a result of, your use of the Gym or its facilities or the implementation of any Plan. You must inform me if that changes during the course of your Membership.

(e) You acknowledge that I do not provide medical advice and if you have any concerns in relation to your health at the start of your Membership or during your Membership that you will consult a qualified medical professional. I may be able to introduce you to such professionals however, I offer no warranty in relation to their services.

(f) I reserve the right to restrict, suspend or terminate your Membership if I am of the opinion that you are unfit to utilize the Gym or parts of it or to receive any of my services. If your Membership is restricted or suspended for this reason, your Membership will not be reinstated until you provide me with a medical certificate confirming that you are fit to train or if you undertake a further physical assessment, at my election. Your payment obligations will remain.

**6. Termination**

(a) You may terminate your Membership at any time subject to clause 6(d)

(b) I may restrict of terminate your Membership if:

(i) I have concern for your health and/or safety you do not comply with the terms of this document, you do not follow my Policies and Procedures, you do not comply with the Gym

Rules or if you fail to promptly follow any reasonable direction I may give;

(iii) you fail to make any payments of your Fees or any other amount/s due to me;

(iv) I reasonably suspect that you are engaging in illegal activity in the Gym;

(v) you engage in improper or harmful conduct or conduct that is or could reasonably be detrimental to other Members; or

(vi) I so determine in my absolute discretion.

(c) Termination shall be without prejudice to the accrued rights of each party.

(d) On termination, regardless of who instigated it, you will be required to pay to us the Fees that would otherwise have been payable by you for the

duration of the Term without deduction or set-off.

**7. Risk warning and acknowledgment**

You acknowledge and agree that:

(a) whilst you are at the Gym and whilst you are implementing any Plan, you are at risk of suffering physical harm or personal injury (including but not limited to broken bones, soft tissue injury, joint and cartilage damage, total and permanent disability and death) which can result from:

(i) slipping on wet floors;

(ii) tripping on stairs or over personal items

(iii) being struck by objects;

(iv) colliding with equipment

(v) engaging in strenuous exercise or other activities;

(vi) incorrect use of equipment; or

(vii) any number of other things.

(b) any such injury or death may result from your actions, omissions or negligence and/or from the actions, omissions or negligence of others.

(c) while I will attempt to ensure that the Gym and activities undertaken at the Gym or in relation to implementing any Plan are safe, there are some significant and inherent risks involved;

(d) you are participating in any activities at the Gym (including simply attending the Gym) and in relation to any Plan voluntarily at your own risk and responsibility, thereby exposing yourself to certain risks; and

(e) you must act reasonably and take all steps reasonably available to you to protect your own interests, including managing all safety risks associated with the operation of the equipment of the Gym, implementing any Plan, following my Policies and Procedures, complying with the Gym Rules and promptly following any reasonable direction I may give.

**8. No warranties**

(a) I do not provide any warranties in relation to any of my services or the results or outcome of utilizing my services, attending the Gym or implementing any Plan. The results or outcome are almost entirely in your hands as to the amount of training and dedication you put in to your

own performance, your maintaining a healthy lifestyle and eating habits and knowledge of your own body and its strengths and weaknesses.

(b) Any warranty or condition which would otherwise be implied in any agreement between us or in this document (including, but not limited to, suitability or fitness for purpose, quality etc) is expressly denied and is excluded to the maximum extent permitted by law.

**9. Release and indemnity**

(a) Any advice, recommendation, information, assistance or service given by me (including any Plan) is given in good faith and is believed to be accurate, appropriate and reliable at the time it is given, but is provided without any warranty as to accuracy, appropriateness or reliability and I do not accept any liability or responsibility for any loss, cost damage, liability or expense suffered (whether directly or indirectly) from reliance on such advice, recommendation, information, assistance or service. You agree to rely on your own judgment in making decisions concerning your health and wellbeing, your use of equipment in the Gym and the appropriateness of any Plan I may develop for or with you.

(b) You have no right or cause of action against me or my officers, employees contractors and agents and you release and indemnify me and my officers, employees contractors and agents from any loss, cost, damage, liability or expense, including indirect, consequential and special losses (including but not limited to loss of use, enjoyment, reputation, income or profit), and against all actions, suits, claims and demands against me in relation to the services I provide, any injury or death related to or resulting from your use of or attendance at the Gym and the implementation of any Plan.

(c) I do not provide any warranties in relation to the gym or exercise equipment manufactured by third parties. Where any damage or injury results from any defect in relation to such gym or exercise equipment, you agree to pursue the manufacturer and/or supplier in relation to any claim rather than me.

(d) I am not liable to you for any personal property that is damaged, lost or stolen whilst you are at the Gym, including where such property is located in a locker or change room.

(e) If you cause damage to the Gym or any equipment, you are liable to me for the cost of repair or replacement as is reasonably required.

**10. Limitation of liability**

To the maximum extent permitted by law and notwithstanding clauses 7, 8 and 9, my liability to you in respect of any loss, cost, damage, liability or expense is limited (even where caused or contributed to by my negligence or breach of any term, condition or warranty stated in this document) in my absolute discretion to:

(a) refunding the Fees paid;

(b) resupplying the services or equivalent services; or (c) payment of the costs of resupplying the services or equivalent services by another personal trainer of my choice.

**11. Privacy, video and audio surveillance**

(a) For security purposes, I may use video and audio surveillance equipment to monitor the Gym (but not the bathrooms or assessment rooms). By accepting this document, you acknowledge that by accessing the Gym, you may and likely will be subject to video and audio surveillance and recording.

(b) To the maximum extent permissible by law, you waive all rights under the Privacy Act 1988 (Cth) and consent to the collection, storage and provision of information by me to third parties. Such information may be used for such things as supplying products or services to you, improving my products or services or for my own marketing purposes. You consent to me using any personal or other information I hold for the purposes of investigating your creditworthiness, including conducting a credit check.

(c) If an invoice remains outstanding in excess of 45 days, you irrevocably authorize me to provide your particulars and the particulars of the unpaid debt to any credit reporting agency to have the default in payment listed.

**12. Notices**

You must immediately notify me of any change in your name, address or other contact details. In the absence of such notification, the last address and any contact information I hold in my records is deemed to be your relevant address or way to contact or send notices to you for all purposes including but not limited to service in legal proceedings.

**13. Waiver and exercise of rights**

Any failure to enforce a right, make an election or exercise a discretion promptly or at all by me will not operate as a waiver or postponement of any right power or remedy which I may have pursuant to this document.

**14. Independent advice**

You acknowledge that you have obtained or have had adequate opportunity to obtain independent legal advice as to the meaning and effect of the terms and conditions in this document before they were accepted by you.

**15. Delegation and assignment**

I may delegate or subǦcontract the performance of any obligation or assign the benefit of the agreement constituted by this document in our absolute discretion. You may not however assign such benefits or obligations without our consent, which may be withheld in our absolute discretion.

**16. Force majeure**

Each of us will be released from our respective obligations in respect of this document (except your obligations as to payment and indemnity) in the event of national emergency, war, prohibitive governmental regulations or where any other cause beyond the reasonable control of either of us, including but not limited to strike, riot, lockout, trade disputes, rebellion, fire, acts of God, Government decrees, proclamations or orders for a period of 7 consecutive days or more renders provision of services the subject of this document impossible.

**17. Severance**

If a provision in this document is void, illegal or unenforceable, it must be varied to give effect to the intention of this document or severed without affecting the enforceability of the other provisions.

**18. Entire agreement**

This document contains the entire agreement as between the parties in relation to its subject matter. Any previous representations or communications between the parties and any negotiations in relation to this document are merged in and superseded by this document and are of no force or effect. This document may only be varied or replaced by a document in writing duly executed by the parties.

**19. Governing law and jurisdiction**

This document and the transactions contemplated by it are governed by the law of New South Wales, Australia and the parties irrevocably submit to the jurisdiction of the courts of New South Wales, Australia and all courts called to hear appeals from them in respect of them.

**20. Acceptance**

By signing below you accept the terms and conditions in this document.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Full name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_